

# Quick Reference Guide ~ Diocese of Bismarck

*To be Ambassadors for Christ who live Stewardship in Word, Sacrament, and Service*

For more information contact Office of Family Ministry, Joyce McDowall, at 701-222-3035, Toll Free 877-405-7435 or [jmcdowall@bismarckdiocese.com](mailto:jmcdowall@bismarckdiocese.com)

## Anger Management Classes:

- Offered by The Village Family Services 701-255-1165

## Beginning Experience:

- Is a support group for the death of a love relationship. It is a program designed to help widowed, separated, and divorced persons make a new beginning.  
[www.beginningexperienceofwesternnorthdakota.org](http://www.beginningexperienceofwesternnorthdakota.org)
- **Bismarck Area Coordinator** – Renae 701-291-4402. Program begins September 12<sup>th</sup>.
- **Dickinson Area Coordinator** – Dee 701-590-0254. Program begins September 12<sup>th</sup>.
- **Minot Area Coordinator** – Maggie 701-720-6372. Program begins September 9<sup>th</sup>.

## Bereavement Services:

- **Bismarck:** Medcenter One - Good Grief - 523-7300
- **Dickinson:** St. Joseph Hospital Grief, Loss, Recovery 456-4662
- **Minot:** Trinity Hospital Compassionate Friends 701-857-3433
- **Williston:** Church of St. Joseph Outreach to Hope 701-572-8603

## Counseling:

- The Office of Family Ministry has compiled a short list of counselors recommended for marriage and family who include spiritual wholeness within their sessions.

## Domestic Violence:

- Abused Adult Resource Center Crisis Line 1-866-341-7009

## Family Voices of North Dakota:

- Health Information and Education Center to share resources, information, and activities regarding care for children with special health care needs. Free weekly E-news –

[fvnd@drtel.net](mailto:fvnd@drtel.net) to request it in your parish or home .

## Homeless Coalition:

- <http://www.ndhomeless.org>. You will find information for Bismarck-Mandan, Williston, Minot, and Dickinson area Homeless Coalitions and the agencies that can help with food, rent, fuel assistance.

## Shelters in ND and Surrounding Areas:

- **Bismarck:** Call Single Point of Entry Program Coordinator, 1800 E Broadway Ave - 222-2108
- **Dickinson:** Shelter closed.
- **Fargo:** Gladys Ray Shelter: 1519 1<sup>st</sup> Ave S., 364-0116  
New Life Center: 1902 3<sup>rd</sup> Ave NW, 235-4453  
YWCA: 3100 12<sup>th</sup> Ave N. 232-2547
- **Grand Forks:** Northlands Rescue Mission, 420 Division Ave. - 722-6609
- **Williston:** Community Action partnership, Adult Homeless Shelter, 120 Washington Ave 701-572-8191 [can stay 30 days]
- **Billings, MT:** Montana Rescue Mission 2520 1<sup>st</sup> Ave N - 406-259-3105
- **Moorhead, MN:** Churches United: 1901 1<sup>st</sup> Ave N - 218-233-5763

## Legal Aid:

- **Bismarck:** 1025 3<sup>rd</sup> St. Intake #1-800-634-5263; 701-258-3035

## Marriage Encounter:

- Contact Mark & Mary Jantzer [Jantzer@srt.com](mailto:Jantzer@srt.com)

## Marriage Enrichments:

- Office of Family Ministry has several programs you can bring to your parish cluster. Call Joyce at the Pastoral Center.

## North Dakota Bridge to Benefits:

- Information for individuals and families on limited income for assistance programs.

## ND Dept. of Human Services:

- [www.nd.gov/dhs](http://www.nd.gov/dhs)  
This website has help information on adults, aging, children, Medicare/Medicaid, mental health and substance abuse, public assistance programs, special needs, etc. for all of ND. Scroll to *Core Services Include...*

## Parent Resource Centers:

- Classes on parenting & parenting issues.
- **Mandan:** NDSU Extension Agency 701-667-3342
  - **Dickinson:** West Dakota Parent & Family Resource Center 701-456-0007
  - **Minot:** Parent Coordinator 701-857-6450
  - **Williston:** Parent Coordinator 701-774-6335

## Rachel's Vineyard:

- For help healing abortion: [www.rachel'svineyard.org](http://www.rachel'svineyard.org) or call Carol at 605-374-5639. Weekend – November 19-21, 2010

## Retrouvaille:

- Intense Weekend with 6 aftercare sessions for hurting couples – January 21-23, 2011 in Bismarck. [www.retrouvaille.org](http://www.retrouvaille.org) or call Office of Family Ministry.

## Single Parent Networker:

- Free monthly newsletter with articles and activities for single parents . If you want your parish to receive this via email to distribute to your parishioners, contact Office of Family Ministry to be put on the list.